



## FIFA Laws of the Game

Modified By Umpqua United Soccer Club for small-sided game use.

### Changes to the Game

#### U10 Changes:

- No heading
- No slide tackling
- No punting of the ball, GK: See "build out line" U10 section.
- Build out line procedures
- Players 7v7 (6 Players + GK)

#### U12 Changes:

- No heading
- No slide tackling

#### U14 Changes:

- None

#### Law 8: Start and Restart of Play

- Kick off: ball can move in any direction to start play

#### Law 12: Fouls and Misconduct

- Denying an obvious goal scoring opportunity (DOGSO) will constitute in a yellow card.
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**\*Warning: FIFA laws listed have been paraphrased. LAWS 1-17 may have been modified to fit the needs of our recreational league. If you would like to view the FIFA laws by definition please visit the link below:**

[http://www.fifa.com/mm/document/footballdevelopment/refereeing/02/79/92/44/laws.of.the.game.2016.2017\\_neutral.pdf](http://www.fifa.com/mm/document/footballdevelopment/refereeing/02/79/92/44/laws.of.the.game.2016.2017_neutral.pdf)

**This document is intended to provide the basic rules of the games.**



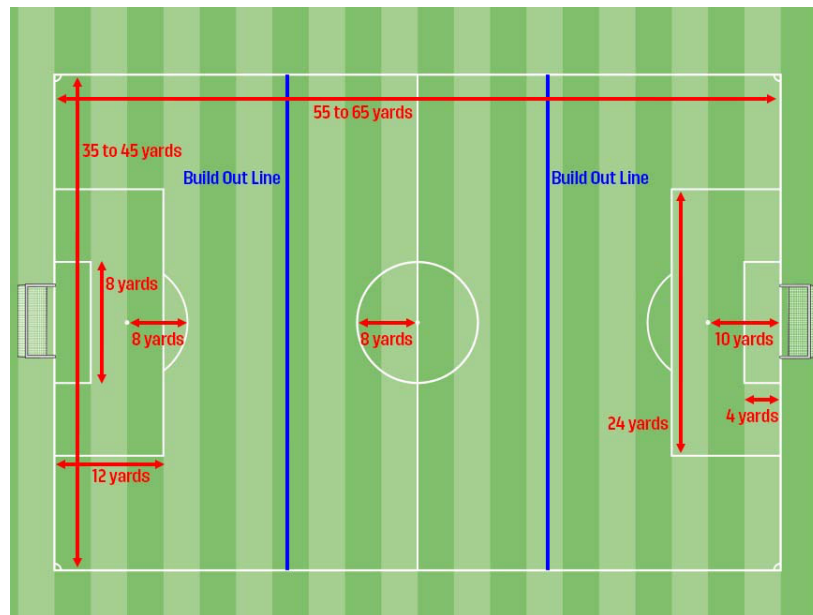
## Law 1: Field of Play (modified)

### U10 - Field of Play

**Field Size:** 55-65 yards (length) X 35-45 yards (width)

**Goals:** 6.5 feet (height) x 18.5 feet (width)

Build out lines should be equidistant between the penalty area line and halfway line



#### **Build out line:**

The build out line promotes playing the ball out of the back in a less pressured setting. When the goalkeeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play.

Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (**punts and drop kicks are not allowed**)

After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.

The opposing team must also move behind the build out line during a goal kick until the ball is put into play.



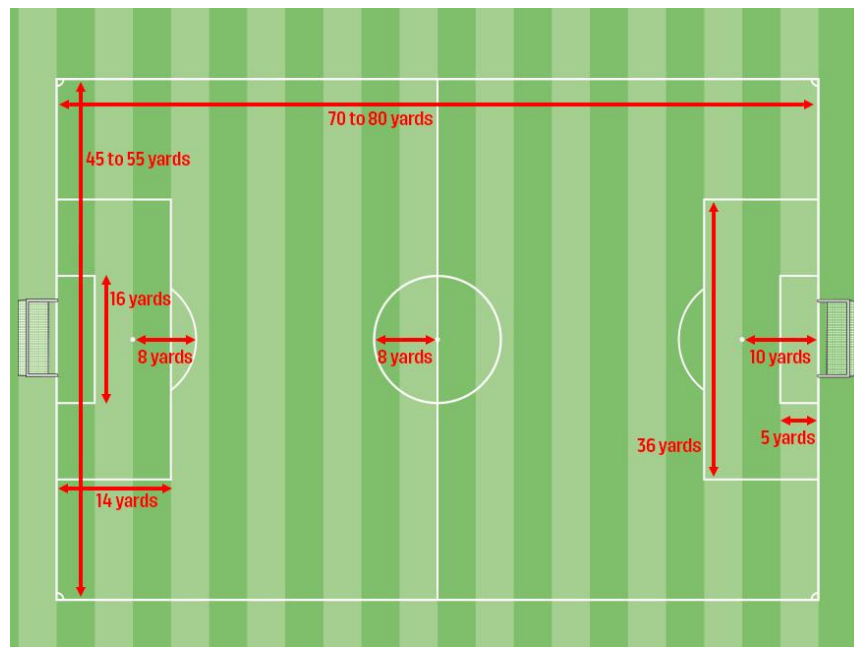
If a goalkeeper punts or drop kicks the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense.

If the punt or drop kick occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

Ideally, the goalkeeper will wait to put the ball into play once all opponents are past the build out line.

However, the goalkeeper can put the ball into play sooner but he or she does so accepting the positioning of the opponents and the consequences of how play resumes.

### U12 Field of Play:



**Field Size:** 70-80 yards (length) 45-55 yards (width)

**Goal Size:** Goals should be no larger than 7 feet (height) x 21 feet (width) A 6.5 feet (height) x 18.5 feet (width) goal is recommended.





- 11v11 (10 field players and 1 goalkeeper)
- Game may not start or continue if there are less than 7 players on a team
- Substitutions are unlimited and can occur at any stoppage

#### Law 4: Player Equipment

- Shin guards worn under the socks are mandatory.
- Cleats are recommended but not required U6-8.
  - No baseball cleats with a “toe cleat” or metal spikes are allowed.
- **Absolutely NO** jewelry is permitted during play.
- Tape over earrings is **permitted** if the earrings are new and may not be removed. It is **highly recommended** that all jewelry be removed for the safety of the player.
- **Medical Bracelets** are authorized to wear during field play. Bracelets must be covered with sports tape.
- **No** casts of any kind are allowed on the field.
- Metal/Plastic braces for the ankle, wrist or any other part of the body are not authorized during field play.

#### Law 5: The Referee

- U10/12/14 games are officiated by a Center Referee only.

#### Law 6: Other Match Officials

- Used at the discretion of the competition

#### Law 7: Duration of the Match

U10: (2) Halves: 25 minutes halves, 10-minute halftime. No added time.

U12: (2) Halves: 30 minutes halves, 10-minutes halftime. No added time.

U14: (2) Halves: 35 minutes halves, 10 minutes halftime. No added time.

#### Law 8: Start and Restart of Play

#### Law 9: Ball In and Out of Play

**Ball out of play:** The ball is out of play when:



- It has wholly passed over the goal line or touchline on the ground or in the air
- Play has been stopped by the referee

**Ball in play:** The ball is in play at all other times, including when it rebounds off a match official, goalpost, crossbar or corner flagpost and remains in the field of play.

### Law 10: Method of Scoring

- A goal is scored when the whole of the ball passes over the goal line, between the goalposts and under the crossbar, provided that the team scoring the goal has committed no offence or infringement of the Laws of the Game.

### Law 11: Offside

Offside position It is not an offence to be in an offside position.

**A player is in an offside position if:**

- Any part of the head, body or feet is in the opponents' half (excluding the halfway line) and any part of the head, body or feet is nearer to the opponents' goal line than both the ball and the second-last opponent. The hands and arms of all players, including the goalkeepers, are not considered.

**A player is not in an offside position if level with the:**

- Second-last opponent or
- Last two opponents

**Offside offence:** A player in an offside position at the moment the ball is played or touched by a team-mate is only penalized on becoming involved in active play by:

- Interfering with play by playing or touching a ball passed or touched by a team-mate or
- Interfering with an opponent by:



- Preventing an opponent from playing or being able to play the ball by clearly obstructing the opponent's line of vision or
- Challenging an opponent for the ball or
- Clearly attempting to play a ball which is close to him when this action
- Impacts on an opponent or
- Making an obvious action which clearly impacts on the ability of an opponent to play the ball or gaining an advantage by playing the ball or interfering with an opponent when it has:
- Rebounded or been deflected off the goalpost, crossbar or an opponent
- Been deliberately saved by any opponent

A player in an offside position receiving the ball from an opponent who deliberately plays the ball (except from a deliberate save by any opponent) is not considered to have gained an advantage.

A 'save' is when a player stops a ball, which is going into or very close to the goal with any part of the body except the hands (unless the goalkeeper within the penalty area).

**No offence:** There is no offside offence if a player receives the ball directly from:

- A goal kick
- A throw-in
- A corner kick

### **Law 12: Fouls and Misconduct**

**Direct free kick:** is awarded if a player commits any of the following offences against an opponent in a manner considered by the referee to be careless, reckless or using excessive force:

- Charges
- Jumps at kicks or attempts to kick
- Pushes strikes or attempts to strike (including head-butt)
- Tackles or challenges
- Trips or attempts to trip

If an offence involves contact it is penalized by a direct free kick or penalty kick.



- **Careless:** is when a player shows a lack of attention or consideration when making a challenge or acts without precaution. No disciplinary sanction is needed
- **Reckless:** is when a player acts with disregard to the danger to, or consequences for, an opponent and must be cautioned
- **Using excessive force** is when a player exceeds the necessary use of force and endangers the safety of an opponent and must be sent off

A direct free kick is awarded if a player commits any of the following offences:

- Handles the ball deliberately (except for the goalkeeper within their penalty area)
- Holds an opponent
- Impedes an opponent with contact
- Spits at an opponent
- Handling the ball

**Handling the ball** involves a deliberate act of a player making contact with the ball with the hand or arm.

The goalkeeper has the same restrictions on handling the ball as any other player outside the penalty area.

Inside their penalty area, the goalkeeper cannot be guilty of a handling offence incurring a direct free kick or any related sanction but can be guilty of handling offences that incur an indirect free kick.

**2. Indirect free kick:** An indirect free kick is awarded if a player:

- Plays in a dangerous manner
- Impedes the progress of an opponent without any contact being made
- Prevents the goalkeeper from releasing the ball from the hands or kicks or attempts to kick the ball when the goalkeeper is in the process of releasing it
- Commits any other offence, not mentioned in the Laws, for which play is stopped to caution or send off a player

An **indirect free** kick is awarded if a goalkeeper, inside their penalty area, commits any of the following offences:





- Controls the ball with the hands for more than six seconds before releasing it touches the ball with the hands after:
- Releasing it and before it has touched another player
- it has been deliberately kicked to the goalkeeper by a team-mate
- Receiving it directly from a throw-in taken by a team-mate

A goalkeeper is considered to be in control of the ball when:

- The ball is between the hands or between the hand and any surface (e.g. ground, own body) or by touching it with any part of the hands or arms except if the ball rebounds accidentally from the goalkeeper or the goalkeeper has made a save
- Holding the ball in the outstretched open hand •
- Bouncing it on the ground or throwing it in the air

A goalkeeper cannot be challenged by an opponent when in control of the ball with the hands. Control will be determined by the referee.

**Disciplinary action:** The referee has the authority to take disciplinary action from entering the field of play for the pre-match inspection until leaving the field of play after the match ends (including kicks from the penalty mark).

**Modification:** Yellow card-player must exit the field for 5 min.

### Law 13: Free Kicks

Modification: U10 – No direct kicks unless a foul is committed in the penalty box.

### Law 14: Penalty Kick

**U10 Modification:** Penalty kicks will be given only if direct kick criteria are met.

### Law 15: Throw-In

Reminder: Players from the opposite team must be at least 2 yards from the throw-in. Obstructions will result in a yellow card.

### Law 16: Goal Kick



Modification: U10 – Players from the opposite team must be behind the build out line. Ball must still travel outside the box.

### **Law #17: The Corner Kick**

Reminder: Players from the opposite team must be at least **10 yards** away from the arc of the corner kick.

For a comprehensive explanation of FIFA Laws please visit the link below: